

Item (West Ealing)	Allergen													
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Whole Milk							X							
Skinny Milk							X							
Oat Mylk		X												
Soy Mylk													X	
Almond Mylk										X				
Coconut Mylk													X	
Whipped Cream							X							
Dark Chocolate													X	
White Chocolate							X							
Ginseng							X							
Nut Yet Smoothie		X									X			
Tropicana Smoothie													X	
The Green One Smoothie										X				
Dragonccino							X							
Gala Gala							X			X			X	
Bounty													X	
Chairotto										X				
Awakening		X					X			X			X	
Supercharged Hot Chocolate							X			X			X	
Banana Bread		X		X			X							
Crostata with Strawberry Jam		X		X			X							
Brownie (GF)				X			X						X	
Peach Crumble Tart		X		X			X							
Lemon Drizzle Cake (Vegan)		X												
Rocky Road		X					X						X	
Mint Tiffin		X					X						X	
Raspberry and White Chocolate Cookies		X		X			X						X	
Cannoli (GF)							X			X			X	
Nutella Crunchy		X		X			X			X			X	
Lemon Cannoli		X		X			X						X	
Chocolate Cannoli		X		X			X			X			X	
Pistachio Cannoli		X		X			X			X			X	
Vanilla Cannoli		X		X			X						X	
Strawberry Cannoli		X		X			X						X	
Peach		X		X			X			X	X	X	X	X
Almond Ball				X						X			X	X
Original Cannoli with Chocolate Ricotta		X					X							
Original Cannoli with Pistachio Ricotta		X		X			X			X				
Double Chocolate Big Muffin		X		X			X						X	

'The Real Vegan' -Grilled Veg Focaccia (Vegan)		X											
Bulgur Wheat Salad		X						X					X
Green Salad						X		X					X
Scrambled Eggs Sourdough		X		X		X							
Brie Sourdough		X				X							
Peanut Butter Sourdough		X								X			
Grilled Chicken (Halal) Sourdough		X				X						X	
Hummous Sourdough		X									X		
Avocado Mash Sourdough		X											
Green Peas Pesto Sourdough		X											
Fried Egg Topping				X									
Smoked Salmon Topping					X								
Brie Topping						X							
Halloumi Topping						X							
Mozzarella Topping						X							
Egg Tagliatelle		X				X							
Egg Rigatoni		X				X							
Egg Fusilli		X				X							
Tortelloni Ricotta Spinach	X	X		X		X							
Tortelloni Crab & Prawn		X	X		X	X	X					X	X
Tortelloni Pumpkin & Sage		X		X		X							
Tortelloni Wild Mushroom & Porcini		X		X		X							X
Ravioli Braised Beef	X	X		X		X							X
Girasoli Nduja & Scamorza		X		X		X							
Mezzelune Lemon Mozzarella		X		X		X							
Soli Peas & Mint (Vegan)		X											
Sauce Arrabiata (Vegan)	X	X											
Sauce Carbonara		X		X		X							
Sauce Napoli (Vegan)	X	X											
Sauce Bolognese	X	X											
Sauce Amatriciana	X	X											
Sauce Nduja	X	X											X
Butter						X							
Parmesan						X							